



CORPORATE SESSIONS

**TEAM BUILDING
STAFF FUCTIONS
CONFERENCES
LAUNCHES**

Australia Wide

**GROUPS OF ANY SIZE
ALL EVENTS**

BOOK TODAY!

africandrumming.com.au





ABOUT OUR WORKSHOPS



African Drumming will unite your group and have them drumming in harmony together in 5 minutes flat. The ensemble nature of African Drumming is synergy in action; a live metaphor for the principles of teamwork, leadership and communication needed for groups to meet their potential. We'll shake the rust off the team's dynamics, get people connected and leave them feeling empowered and uplifted. Offering interactive workshops of all types and enlivening performances, we can deliver to any mandate.

POPULAR FORMATS

THE INVIGORATOR

This high energy, fun-filled session is designed to blast away fatigue and leave your team buzzing. We'll have them re-energised with a snappy session that'll lift the energy of any event. A great cure for 'death-by-powerpoint' or 'post-lunch seminar-blues'.

Duration: 15 to 25 minutes

THE SYNERGISER

This complete package is designed to fully develop and define team-building metaphors inherent to drumming. Teams are given different musical responsibilities, underlining the different roles in business structure, and experience the synergy when compositions are brought together.

Duration: 90 to 120 minutes

THE UNIFIER

This session is focused on developing rapport and cooperation. We get the team collaborating on musical tasks that illustrate and test their abilities to work harmoniously and effectively with one another. Participants connect and experience teamwork in a whole new way.

Duration: 40 to 60 minutes

THE WOW FACTOR

The icing on the cake, this energised performance makes any event memorable! Add a high impact drum and dance spectacular before, during or after your event as a stand out highlight that will leave the crowd wow-ed. Available as an add-on to your workshop and as a stand-alone event.

Duration: 5 to 30 minutes

BOOKINGS & ENQUIRIES



ABOUT US

We offer special West African musical experiences. With over 15 years in the industry, we can offer a peace of mind and level of service that puts us ahead of the pack. There's more to us than just great events: we make and sell our own drums and instruments, run classes, workshops, retreats and study tours to Bali and Africa, and we train people to facilitate drumming classes through our Teacher Training Course. We host a nation-wide network of drummers and dancers and operate Australia wide. Our team includes performers from West Africa (including Mali, Senegal and Ghana) and homegrown talent too.

GIFTS

Treat your team with a drum to commemorate the great work they have achieved at our session.

12cm Djembaby	\$6.50
20cm Djembaby	\$10.00
30cm Mini Djembe	\$30.00

Drum Keyring \$1.50



You're welcome to upgrade or choose more items; if you have a special request let us know! Prices exclude GST.

QUOTES

We always aim to provide a same-day response. Fast track your quote by emailing us the following information (a copy and paste does the trick).

Organisation:
Event date:
Event location:
Duration:
Number of participants:
Contact name:
Contact phone (mobile pref):
Brief event description:

BOOKINGS

(03) 9525 3073
events@africandrumming.com.au
africandrumming.com.au
252 St Kilda Rd, St Kilda VIC 3182

FAQS

DOES DRUMMING SUIT THE CORPORATE ENVIRONMENT?

Yes! Studies show that group drumming increases productivity, improves physical and psychological wellbeing, increases organisational efficiency and relieves stress.

ARE YOUR WORKSHOPS INTERACTIVE?

Yes! We bring drums and shakers for everyone. Our experienced facilitators know how to get the best out of a team and will have them working together.

HOW ABOUT A PERFORMANCE ONLY?

We can provide a rip-roaring performance for when you need to grab attention (say at a product launch, conference or AGM), or turn it down to the other end of the dial, providing ambient tribal grooves for a subtle atmosphere.

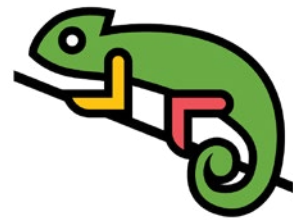
IS THERE A MINIMUM OR MAXIMUM GROUP SIZE?

We cater for groups of all sizes. A minimum call out fee applies, we can always make it work.

HOW ARE THE WORKSHOPS RUN?

Our corporate workshops usually focus on drumming and body percussion, though we're always happy to include dance and song too. Typically, we kick off with a short performance and introduce ourselves, getting everyone excited about the activity. We move into the action quickly with drumming, adding musical challenges and African rhythms. We incorporate both individual and group tasks, highlighting the themes of the session along the way. The workshops end on a high, with the team feeling connected, energised and empowered by their achievements.

WELLNESS & RESULTS



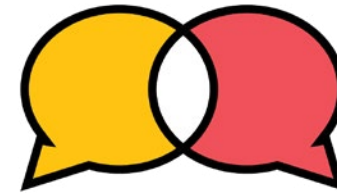
ADAPTABILITY

We'll learn to value, enjoy, and even initiate the growth that comes with changes and improvisation. The changing roles of the African Orchestra provide a wonderful platform to explore adaptability: playing drums at one moment and moving to play bell and shaker at the next, while also adapting to changing tempos and volume to fit the group and the rhythm. When all of the group members embrace adaptation, they enable the continuous joy of playing music together.



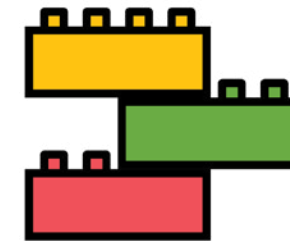
MINDFULNESS

Drumming has shown stress-relieving and burnout preventing effects, and group drumming especially reduces the experience of anxiety, depression and loneliness. Drumming can be an incredible meditative tool, allowing participants to focus on the beats, the drum, or their hands, and truly experience themselves in the "here & now", while promoting awareness of their feelings, thoughts and behaviour



COMMUNICATION

Drumming is a language: when we drum together, we communicate and connect through the language of the drum. The leader communicates all of their cues through the drum and the group responds by following the rhythms. We focus on developing rapport and cooperation, by getting participants to collaborate on musical tasks that illustrate and test their abilities to communicate harmoniously and effectively with one another.



TEAMWORK

Team work and collaboration are inherent to the drumming orchestra. Teams are given different musical responsibilities, underlining the different roles in organisational structure. Experience the synergy when compositions are brought together. Different departments cooperate to achieve the same objective, ending on a high note that is sure to leave them feeling uplifted and united.



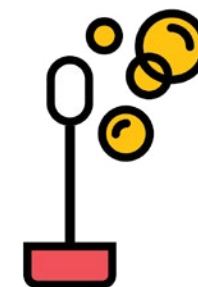
CREATIVITY

Creativity is an integral part of our sessions. Once the groove is bedded down, individuals can solo and express their flair and creativity. The ensemble nature of the drumming, along with moving from structured rhythms to improvising, encourages new ideas and self expression within the context of a group.



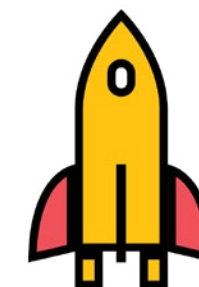
LEADERSHIP

Our sessions nurture leadership in a whole new way: we break out the roles of the orchestra and assign participants to lead different parts of the rhythms. When it's time to step up and lead the group it's an empowering position that combines both communicating through the drum and adapting to the strengths and weaknesses of the ensemble.



PLAYFULNESS

A critical part of the experience, without playfulness there is no joy. When we're serious, we shut down our ability to create, connect, and be curious. Playfulness is a tremendous stress reliever and a mindfulness tool. Whatever the team building objective may be, our ultimate goal is always to be in the moment and have plenty of fun.



CONFIDENCE

Our sessions aim to develop confidence through various processes. The ensemble structure nurtures confidence gained by being a critical part of the team. The ability to acquire a new skill is a sure way to empower: the transition made from the start of the session, approaching a recently untapped skill, to being able to command the drum and its rhythms within one session only.

ON THE DAY

SET UP

Your facilitator(s) will arrive in African clothing approximately 15-30 minutes before the session start time to set up.

WHAT WE BRING

We bring along drums, shakers and African grooves.

VENUE LIAISON

We are happy to liaise with a venue manager to sort logistics; one less thing for you to worry about on the day!

SEATING

A semicircle is best, but we can easily adapt to the venue. Please have chairs ready for the participants.



EVENT FEEDBACK



“

Your team were very engaging and quickly built rapport with a big crowd. They linked well with the key themes of the event launch of our values framework and working together. All staff loved the activity and their mini djembes.

“

The drumming presentation was fantastic! The messages about working together and continuing to improve came through beautifully. All the feedback from my fellow staff members has been overwhelmingly positive.

“

It was fantastic. The feedback from the group has been that it was fun and they really enjoyed doing something so different. The team did a wonderful job and we have some great photos and videos. We have found the company as a whole so easy to work with, very flexible and highly professional. Thank you so much for your work.

“

I received tremendous feedback from the staff about the African Drumming and they couldn't thank me enough for organising it. Well done for the way you were able to engage us in "working together" to the beat of your drums. Certainly a great experience: we're still talking about it.

